

RMMSA Return to Play - Coaches Role

PRE-PRACTICE	
	Confirm your exact scheduled: Date: _____ Entry time: _____ Field: _____
Delegate/create a document for signup of:	
	Attendance Tracker
	Screener
	Distance Monitor
	In-Charge Attendant (must bring a mask)
	Sanitizing Champion (may need 2)
Check that your first aid kit is stocked. The team is responsible to ensure appropriate personal protective equipment (PPE) and sanitization supplies are in the first aid kit.	
	Disposable gloves
	Disposable masks
	Sanitization supplies: <ul style="list-style-type: none"> ○ Hand sanitizer BCCDC-approved sanitization wipes/cleaner: Cleaning and Disinfectants - http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf
Plan out your practice:	
	Practice plans must adhere to COVID-19 policies for social distancing, hand washing/ sanitization, and sanitization of equipment.
	There will be no Bases or Lining Equipment available. Please bring your own Bases
	Softball BC Practice Plans and Coaching Resources - https://softball.bc.ca/coaching-resources-2/
	<ul style="list-style-type: none"> ○ Practice plans should consider a minimal number of participants handling the same ball.
	Inform your players what equipment will be needed for that practice.
Communicate to your parents and players:	
	Everyone must remain in their vehicles until directed to come to the field or until their approved arrival time.
	Only scheduled volunteer parents may come to the field at start time to set up and sanitize. Others should remain in the spectator area.
	Players and coaches must stay in the designated hub at the field unless otherwise directed by the coach.
	Water bottles and snacks must be labelled with player's name.
	Masks are recommended but not required. Players should bring one (and a backup) in case they need it.
	Bleachers are closed. Parents can bring chairs and sit in right field, maintaining a 2 metre distance. Dugouts are closed.

	Scheduled Volunteers should exercise social distancing.
	If the washroom is needed, ask the Sanitizing Champion to walk you there and unlock it. The Sanitizing Champion will sanitize the washroom.
	Absolutely no sunflower seeds, or gum.

PRACTICE

	Masks are optional.
	Arrive at the field at your entry time. Enter through the Enter Gate. <ul style="list-style-type: none"> ○ Direct only you and the volunteers to the field. ○ Set up the Attendance Tracker, Screener and Sanitizing Champion 2 metres apart to greet players and parents when they arrive.
	Ensure the area to be used is sanitized and hand cleaning supplies are available to use before activity begins.
	Set up the field with equipment to be used for practice will minimal people.
	Ensure players/their equipment are a 2 metre distance from other players (e.g., mark out spaces for each player using carabiners on the fence or cones on the ground or markers).
	Direct team members to your assigned area for practice/skill development. <ul style="list-style-type: none"> ○ Have each person sign in with the Attendance Tracker, the Screener, and then the Sanitizing Champion (hand sanitizer). ○ Have each player place their equipment at one of the designated spots.
	Remind players: <ul style="list-style-type: none"> ○ They must maintain a 2 metre distance from each other. ○ They must refrain from touching their face, mouth, and eyes if possible. ○ Sanitize their hands often. ○ Masks are recommended but not required.
	During practice, make sure to provide hand and shared equipment sanitization between drills.

POST-PRACTICE

	Have players clean up their own equipment while maintaining a 2 metre distance.
	Have the Sanitizing Champion sanitize all equipment used as well as high-touch surfaces.
	Coach must make sure the area has been cleaned and is free of all garbage.
	Field to be Raked. Please remember to sanitize the rake.
	No post-practice meetings. Leave the park promptly through the exit gate.
	Self-reflection on the Practice/Skill Development <ul style="list-style-type: none"> ○ How did it go? ○ Was social distance maintained? ○ Was there adequate sanitization breaks? ○ What would you change or do differently?