

Return to Play Guidelines and Protocols



Ridge Meadows Minor Softball Association
(RMMSA)



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1 BACK TO PLAY

1.A Introduction

Ridge Meadows Minor Softball Association's - Return to Play Guidelines are based on an overriding principle of encouraging the maximum participation of members of the organization while respecting the safety of members and the public from the COVID-19 virus.

These guidelines are to be used along with the following government and sport sector requirements:

- BC guidelines from WorkSafeBC and BC Health Authority
- Municipal requirements (<https://www.bcrpa.bc.ca/covidguideli>)
- viaSport Return to Sport Guidelines for BC
- Softball BC's Return to Bases Guidelines)

The purpose of these guidelines is to create minimum standards for a safe return to play of softball while maintaining the integrity of the game. These best practices do not supersede any protocols, guidelines, or restrictions outlined by Regional, Provincial and/or Federal Health Authorities. All Ridge Meadows Minor Softball Association participants are expected to continue to follow the guidelines outlined by Regional, Provincial and/or Federal Health Authorities.

As areas begin to open and return to play resumes, we strongly urge any RMMSA participant to share with us details of any and all challenges that may arise and which may not be addressed in this document. Once an issue is identified, those assigned by the President and Executive Directors will work on how to address the identified issue and then share that information with all involved. RMMSA in this document will outline how this feedback will be received and processed.

Due to the uncertain aspects in returning to play, these guidelines are expected to change based on new/updated safety procedures outlined by Softball BC, Provincial and/or Local Health Authorities or feedback to RMMSA Directors. RMMSA Directors & Board members are advised to revisit these guidelines as new requirements are announced by the respective Provincial and/or Federal Health Authorities.

RMMSA has reviewed implemented the safety plans by ViaSport and feel the following out lines are clear.

In the event of any conflict in language between any printed version of the Return to Play Guidelines and the online version found on the Softball BC website, the online version shall prevail.

RMMSA respects the fact that not all members are ready to return. We will continue to work with those who wish to return now and we will continue to support those who wish to wait.



COVID-19 AND TRANSMISSION

COVID-19 is transmitted via liquid droplets when an infected person breathes, coughs or sneezes, but also may transmit when they are talking in close proximity to another person. The virus in these droplets can then enter the body of another person when that person breathes in the droplets, or when droplets get into the eyes, nose or throat of that person.

Droplets are of various sizes and even small droplets can carry enough virus to infect another person. Large droplets usually fall into the ground within 2 metres and that is why it is important to maintain physical distancing as well as to add a physical barrier or face mask with shields when in proximity to other people. Small droplets can float in the air for longer periods of time and can collect in smaller spaces. Therefore outside, larger spaces, and a ventilation system can be effective in preventing the transmission of the virus.

People with COVID-19 can spread the virus prior to symptom onset, therefore, some infected people may never develop symptoms, but they can still transmit the virus. This is why everyone, even if you feel well, should follow all safety measures to help prevent the spread of the virus.

COVID-19 can also be transmitted through droplets on contaminated surfaces if a person touches that area and then touches their eyes, nose or mouth without cleaning their hands. The virus does not enter the body through the skin, but rather it is through their mucosal membranes. Unfortunately, human beings touch their faces very often throughout the day, much more than they realize. This is why regular handwashing and cleaning of high-touch surfaces is so important.

Droplet transmission is much more likely when in close contact in an indoor setting. Transmission is less likely in an outdoor setting, where there is more space for people to keep physically distanced. However, in the context of sport, even outdoors there can be risks from high-touch surfaces because many sports involve objects that are normally shared among players, coaches and volunteers (balls, equipment etc.).

SYMPTOMS OF COVID-19

The symptoms of COVID-19 are similar to other respiratory illnesses, including the flu and the common cold. These symptoms include fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuff or runny nose, loss of sense of smell, loss of sense of taste, headache, muscle aches, fatigue, loss of appetite, nausea, vomiting and diarrhea.

People infected with COVID-19 may experience little or no symptoms, with illness ranging from mild to severe. Some people are more vulnerable to developing severe illness or complications from the virus, including older people, those with chronic health conditions, those who are immunocompromised and those living with obesity. COVID-19 can result in long-term effects; it is impossible to know how your body will respond to acquiring the virus, therefore we have to do everything possible to stop the spread.



1.B Glossary of Terms

In this document, the following terms shall have the meanings indicated:

Attendance Coordinator:

A person assigned by the RMMSA to collect and store attendance records from each ‘Attendance Tracker’ (below) at every softball activity.

Attendance Tracker: a person assigned by a team or group to record the name and phone number of all participants and others attending any softball activity.

COHORT GROUP: A group of no more than 100 participants who primarily interact with each other within the sport environment over an extended period of time.

COHORT REGION: Softball BC determined geographical area from which a cohort group may be formed, based on age, gender and classification.

District: the geographical area which has been defined by Softball BC (page 9 of the 2020 Handbook of the Constitution and Special Operating Rules) as a community for the purpose of organizing softball activity and competition.

Distancing Monitor: means a person assigned by each team to monitor the physical distancing of their team’s players, coaches, and spectators on and off the field.

FACE MASK/COVERING: The terms ‘face mask’, ‘face covering’ and ‘mask/covering’ all refer to a face mask as approved by the PHO.

Facility: means any RMMSA, owned or rented, field, warehouse, batting cage, building, structure

In Charge Person (Injury attendant): a person (could be a coach or manager or parent) who is in attendance at a game and is the person that is designated to go onto the field if an injury occurs – wherever possible this should be a person with first aid training.

In Club: In club sport activities are those which take place RMMSA where participants are members. This means avoiding cross-regional, inter-provincial or cross-country travel for sport.

LEAGUE: The community of Men’s and Women’s teams registered with Softball BC for the purpose of in-community softball activities and organized competitions. Leagues may be made up of teams from different Districts, but with common rules and playing schedules.

PHO: Public Health Order

PHYSICAL ACTIVITY (Softball Activity): Any drill or warm up that is part of a practice or training/skill development season. This includes walking, running, catching, batting, pitching etc.



Sanitizing Champion: a person assigned by a team to be responsible for sanitation of the Facility and equipment during a given softball activity.

Screener: a person assigned by RMMSA teams or organizers of the event to ask the designated screening questions of all participants and others attending any softball activity – this person may be the same person as the Attendance Tracker.

SPECTATOR: A person who attends any softball activity and whose sole purpose in attending is to observe and watch the activity. They do not have any other role in the functioning of the team or activity, or in providing care to the team or players.

Zone: the BC Summer Games zone (page 8 of the 2020 Handbook of the Constitution and Special Operating Rules) as defined by BC Games Society for the purpose of identifying geographical areas from which teams are formed for the purpose of competition at BC Games



1.C Park and Venue Preparation

RMMSA has assessed our park/venue, along with their local government authority, what steps need to be taken to prepare the permitted or club managed venue for organized return to play. (See RMMSA Web Site for full assessment <https://www.rmmsa.com/> . RMMSA will be distributing this documentation for reference and information to our members, volunteers, players, fans, and anyone who attends their Facility for softball-related activities and for updating and continuing to communicate such information as it changes.

RMMSA has considered the following areas for assessment:

- a) Concession stands, prior to opening, should follow WorkSafeBC and BC Health Authority requirements, have a valid permit, and a plan in place for physical distancing, safe handling of food, payment processing, and training of staff/volunteers. Water fountains from which people can drink directly will be managed by the facility owner and no drinking directly from the fountains. They do not need to be addressed in this document as they are not directly controlled by RMMSA.
 - a) Washrooms (except for Albion Warehouse), are currently being maintained by the municipal government, RMMSA is requesting that they be cleaned and sanitized to WorkSafeBC standards and adequate supplies be available for handwashing. RMMSA is recommending in the attached risk assessment that our members will not utilizing these public washrooms if they can have direct access to the individual washroom in the Albion field house. RMMSA would then be responsible for cleaning and sanitized this washroom on a regular scheduled basis and have adequate signage to direct members of the public on physical distancing and sanitation station locations. Guidance from WorkSafeBC can be found in the attached list of resources.
 - b) RMMSA is taking reasonable steps to encourage physical distancing at access points. We are staggering our event start times at all diamonds. Another step that has been taken is that we will advise our membership to use separate entrances and exits of the facility. See attached map outlining and assessing traffic flow.
 - c) Signage at our outdoors facilities to educate and communicate the need for physical distancing, hand washing or sanitizer locations, personal steps to minimize transmission of the virus and symptoms which may indicate COVID-19, will be provided by the municipality.
 - d) Soap or hand sanitizer must be made available to all people in various locations throughout the facility.
 - e) Garbage cans with lids are available at each dugout for all disposable tissues and wipes, already supplied. Teams can bring their own if they see fit or one is not already supplied.
 - f) Albion Warehouse – please see our “Albion Warehouse Guide” on the Return to Play page on our web site.

1.D Activity Preparation

The following are the steps have been taken by RMMSA in relation to any softball activity:

- a) In order to maintain a limit on gatherings of no more than 50, including spectators people on one softball diamond we have:



- Prepared a schedule for team use of the permitted venue for practices as well as games once we enter the game phase.
 - We have staggered start times are encouraged to limit the number of people coming and going at one time.
 - All RMMSA sanctioned activities open to individual participants should be managed through pre-registration; no drop-in activities allowed.
 - Teams and groups will be allocated a time that they have access to a specific sport field area, and which also provides enough time for diamond or sport field preparation and clean up.
 - Teams and groups are to be instructed to arrive and depart at a specific time.
 - There may be post-practice or post-games meetings as long as all participants wear face masks and that current PHO recommendation for physical distancing is observed. Area for post-practice or post-game meetings is to be away from other groups using the facility and to still allow for the next activity to take place. Non-participants are to stay off the field of play and away from the post-game meeting until participants are dismissed.
- b) RMMSA will ensure that an Attendance Tracker tracks attendance at each game/practice/event and will maintain that information in a secure location for a period of no less than ninety (90) days. Whether attendance is tracked electronically or on paper, the Attendance Tracker must ensure that attendance sheets are submitted to the Attendance Coordinator at the completion of each softball activity. This information will only be provided to an authorized health authority or local government representative who has the legal right to obtain such information, or to Softball BC staff for the purpose of contact tracing in the event of an outbreak of COVID-19. All records are to be destroyed after the 90-day period. Attendance may be tracked either on paper or electronically. Adhere to viaSport's Emergency Response and Outbreak Plan (available in next section)
- c) The Screener will be responsible for pre-screening of all participants and spectators attending a Facility (this does not include casual park users or others attending the Facility for purposes other than softball, only those who are attending the softball activities). This can happen electronically within 24 hours of the event. Before any individual is allowed to go onto the diamond, or engage in either softball activities, or to be there as a spectator, they must be screened to determine if they are permitted entry. These questions must be answered by everyone and if they give a positive answer to any of the following questions, that person must be instructed to either return home, or to seek medical attention, but they are not allowed to attend the scheduled softball activities.
- d) SCREENING QUESTIONS
1. Are you exhibiting any symptoms of COVID-19?
 - o Fever
 - o Chills
 - o Cough
 - o Shortness of breath
 - o Sore throat and/or painful swallowing
 - o Stuff or runny nose
 - o Loss of sense of smell
 - o Loss of sense of taste
 - o Headache, muscle aches, fatigue, loss of appetite
 - o Nausea, vomiting or diarrhea.



- 2.) Has any member of your household exhibited any symptoms of COVID-19 within the last 14 days?
 3. Have you had close contact with someone who has or is suspected to have COVID-19 or have you been told by public health that you may have been exposed and need to quarantine (self-isolate)?
 4. Have you arrived from outside Canada in the past 14 days?
- e) RMMSA has areas which meet the physical distancing protocol, as well established spectator areas which also maintain the physical distancing for each household.
 - f) Prior to activities at any event, teams/groups must assign a Sanitizing Champion who is responsible for cleaning and sanitizing equipment used by their team or group during the softball activity. It is also recommended that teams clean and sanitize bases, field equipment and if fenced, the gates and latches leading into and out of the playing area prior to beginning the softball activity. All bases will be provided by the individual teams in phase 1 (inning1) and RMMSA will only be supplying the rakes for teams to use. We will also be providing sanitization supplies for the cleaning of the rakes & other equipment once we enter other phase of the Return to Play Guidelines.
 - g) Once a team or group's organized activity has ended, that group or team must clean and sanitize the area used, including gates, latches and field equipment, including, but not limited to bases, pitching machines, tees and/or nets, and dugouts and equipment storage areas if used.
 - h) Extreme Weather Warning – In the event of severe weather, where either the activity has to be stopped temporarily, or it delays the start of the activity, all participants and spectators are to return to their vehicles and wait for an all clear signal or cancellation. If someone does not have a vehicle, they may shelter in a safe location, while maintaining a minimum distance of two (2) metres from others.

viaSport's Emergency Response and Outbreak Plan

1.D.1 First Aid

In the event that first aid is required to be administered during an activity, all persons attending to the injured individual(s) must first put on a mask and gloves.

A guide for employers and Occupational First Aid Attendants:

<https://www.worksafebc.com/en/resources/health-safety/information-sheets/ofaa-protocols-covid-19-pandemic?lang=en>

First aid protocols for an unresponsive person during COVID-19:

<https://www.redcross.ca/training-and-certification/first-aid-tips-and-resources/first-aid-tips/first-aid-protocols-for-an-unresponsive-person-during-covid-19>



1.D.2 Outbreak Plan

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. Only the RMMSA President, Vice-President and Director of Operations will have the authority to modify, restrict, postpone or cancel activities.
2. If staff (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, implement enhanced cleaning measures to reduce risk of transmission. If you are not the facility operator, notify the facility right away.
3. Only those deemed as close contacts are required to self isolate. All others should monitor to see if they develop symptoms but are not required to stay away from team softball activities. For example, one athlete could test positive and all members of that team could be advised of a potential exposure, but most members would not be deemed close contacts.
4. Implement your illness policy and advise individuals to:
 - self-isolate
 - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - use the COVID-19 self-assessment tool at <https://bc.thrive.health/covid19/en> to help determine if further assessment or testing for COVID-19 is needed.

Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.

Individuals can learn more about how to manage their illness here:

<http://www.bccdc.ca/healthinfo/diseases-conditions/covid-19/about-covid-19/ifyouare-sick>

5. In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
6. If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities. For more information on cleaning and disinfecting: http://www.bccdc.ca/HealthInfoSite/Documents/CleaningDisinfecting_PublicSettings.pdf
Regional Health Authorities: <https://www2.gov.bc.ca/gov/content/health/about-bc-s-healthcaresystem/partners/health-authorities/regional-health-authorities>



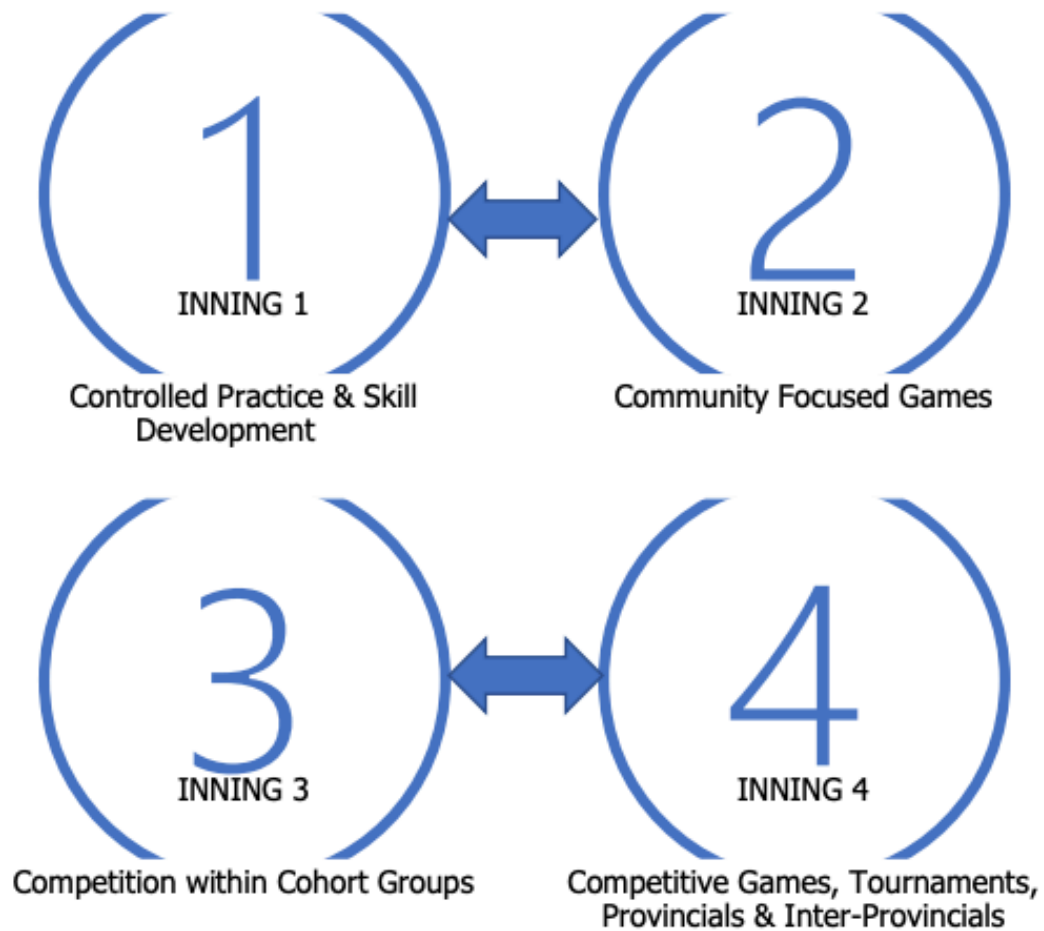
1.E Graduated Return to Softball

The focus for RMMSA is to allow players to return to softball activities while respecting all Provincial Health Guidelines. This means that those activities will initially be restricted to practice and skill development sessions. Competitive games may resume once the RMMSA is confident the safety plan in place meets all risk management standards and they have been sanctioned by Softball BC to proceed to the next Inning.

It goes without saying that throughout all of the phases/innings, anyone displaying symptoms of COVID-19, or who thinks they may have been exposed to the virus, should not attend any softball activities.

In addition, anyone that considers themselves to be high risk in the event they were to contract COVID-19 should not participate in softball activities at this time. As with any unruly or abusive behaviour, in the event that participants or other attendees at softball activities refuse to comply with this Return to Play plan and the rules and regulations put in place by RMMSA, Softball BC encourages our volunteers to call 911 and to allow authorities to deal with such situations. RMMSA has also put in place a complaint mechanism that is outlined later in this document.

GRADUATED RETURN TO PLAY PLAN



Please Note: Movement from Inning to another is permitted only once approved Sanction from Softball BC has been received. Due to the ever-changing restrictions from the Provincial Health Authority, Softball BC & RMMSA reserves the right to revert back to a previous Inning at any time.

1.E.1 INNING ONE: Controlled Practice and Skill Development

- RMMSA and participants are to follow the Facility and diamond protocols above, plus:
- No more than 50 per diamond or as per the guidelines for attendance as outlined by the respective Municipality or as per the Facility guidelines. Please take into account shared spaces as well as entrances and exit requirements.
- Preferably teams will practice in their own community facilities. If a team has exhausted all options for a suitable facility and are only able find a facility in another community, then they are permitted to practice as a team unit and are permitted to travel to another community to go to facility for practice,



- Frequent hand sanitizing or washing must be scheduled during the events and practices.
- Controlled practices and skill development will take into account minimizing shared use of equipment and maintaining physical distance wherever possible.
- Shared equipment is to be sanitized between drills/stations and any softball activities,
- Ensure that participants are wearing masks at all times outdoors when 3 meters cannot be maintained and at all times indoors
- Water bottles and food items are not to be shared.
- No spitting, sunflower seeds or gum allowed.
- All Dugouts are to remain closed during this phase and the field house area is to be for participants only. No Spectators are allowed as per the current PHO, this is subject to change at the direction of the Ministry of Health & Via Sport.
- Where possible, each player should have their own personal equipment, including batting helmets, bats, catchers gear, etc.
- Where equipment must be shared, the equipment must be thoroughly sanitized between each use. When players are sharing a bat it should be picked up by the barrel and sanitized by the Sanitizing Champion before being used by the next player. Equipment such as batting machines must be sanitized between different operators use.
- A team of 2-3 designated parents/athletes or coaches with PPE are to set up, take down, and sanitize all equipment,
- Practice plans should consider a minimal number of participants handling the same ball. For example, when possible, catching and throwing drills should be done in pairs only and the balls sanitized by the Sanitizing Champion after each drill.
- Coach must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- All Events must have confirmed waiver from SBBC, or approval from RMMSA Director of Operations prior to any softball activity.
- Each event must have a designated 'In Charge Person' (Injury Attendant), and if an injury occurs to a player only the coach and In Charge Person, both wearing protective gloves and face coverings, may go the injured player. Everyone else must maintain physical distancing.
- Bleachers should be closed to spectators and used only for players and volunteers in a way that physical distancing is maintained,
- Under no circumstances will there be games or scrimmages.

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- Groups of no more than 10 participants and one household member for each player are permitted in each designated practice area,
- Every participant must be accompanied by a responsible person over the age of 16 who is prepared to practice with the participant throughout the session,
- Program facilitator will maintain physical distancing with the participants and oversee the skill development session(s),
- Skills will focus on physical literacy,
- No shared use of equipment, each participant to supply or be supplied with their own session equipment,



- Any RMMSA equipment loaned to participants should be sanitized before putting away.

1.E.2 INNING TWO – Community Focused Games

TIMELINE: To be determined

RMMSA and participants are to follow the Facility and Diamond Protocols included in Inning One (except to the extent that they conflict, in which case these Inning Two protocols apply), plus:

- Games may be introduced slowly and gradually beginning with scrimmages and games within the home club. Once RMMSA and Softball BC allow, games may be slowly introduced within RMMSA community as defined by Softball BC,
- Teams may only use players on their approved roster. As well, pick-ups are allowed from within your cohort only,
- Teams may play with as few as 8 players without being penalized. RMMSA will coordinate with other LSO's within their District who do not have registered teams, this would ensure that Districts with registered teams have enough players to field a full team regardless of their home LSO,
- Line-up cards must be prepared but will not be physically shared – photos may be taken by scorekeepers, etc., and the line-up card must be made available to show the umpire when requested,
- Pre-game meetings will take place at home plate while respecting appropriate physical distancing. Only one coach per team and umpire(s) to attend the meeting,
- Schedules are recommended to be drawn up to allow for time to prepare the venue before a game and clean it after the game has ended,
- There may be post-practice or post-game meetings as long as all participants wear face masks and that current PHO recommendations for physical distancing are observed. Nonparticipants are to stay off the field of play and away from the post-practice or post-game meeting until participants are dismissed,
- No handshake with the opposing team/officials after the game,
- Each team must appoint a Distancing Monitor who will observe their own team and spectators and encourage them to maintain physical distancing,
- Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained. Face coverings for virus contagion are mandatory for the plate umpire, provided that should they be unable to wear a face covering due to an underlying health issue or breathing/overheating concerns, the home plate umpire has the option of calling the game from behind the pitcher's circle as an alternative to wearing a face covering,
- Home team must track and screen all umpires and have PPE and hand sanitization available for the umpires, if they do not have their own



- If a player is choosing to wear a mask while on the field of play and they are having difficulty breathing it is recommended that face coverings be removed and that players be switched out or given breaks after wearing face coverings for prolonged periods,
- Should a player need to leave the field of play due to breathing concerns associated with wearing a face covering, any player on the bench may replace the removed player and not be counted as a substitution leaving/re-entering the game,
- It is recommended all participants bring two (2) face coverings to each softball activity, one to be on your person or readily available if unable to maintain physical distancing,
- No person should pick-up or handle anyone else's helmet/face covering,
- The umpire is not to handle any equipment other than their own during a game including game balls,
- Defensive team will sanitize the ball for their team during the game. Balls should be routinely rotated and sanitized. The pitcher and catcher will call time and the ball will be given to the Sanitizing Champion to be sanitized. The Sanitizing Champion will throw in a sanitized ball in exchange,
- Offensive coaches are to remain an appropriate distance from 1st and 3rd base at all times, based on current PHO requirements, regardless of where it any locate them on the diamond (as long as it does not increase the danger to a coach's personal safety),
- Between pitches, the umpire and the batter may choose to move the appropriate physical distance, based on current PHO requirements, away from the catcher. Once the play is ready to resume, umpire and batter shall move back into position, and umpire signals play ball,
- Coach to Umpire, Player to Umpire, and Umpire to Umpire conferences will be done following the current PHO physical distance requirements, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance,
- Coach, Pitcher, and Catcher may have a defensive conference at the pitching circle, with the current appropriate physical distance being observed by all parties, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance,
- Offensive team conference may be held with the current appropriate physical distance being observed by all participants, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance,
- Whenever possible teams are to maintain appropriate physical distancing while off the field of play, with players in designated areas in the ballpark. Spectators will maintain physical distancing, along the sides of the diamond, or in the outfield away from designated player areas as appropriate to the layout of the ballpark,
- No player may lick their fingers during softball activities. Pitchers may use pitching rosin and/or gorilla rags at all levels. If a player does lick their fingers while on the field, the player must leave the game and may only return to the game after they have sanitized or washed their hands with soap and water. Any player on the bench may replace the removed player and not be counted as a substitute leaving/re-entering the game,
- At the conclusion of a play at a base or bases, the batter/runner and defensive player should separate and establish appropriate distancing again as soon as possible. Umpire may assist in this by verbal reminder,
- When an at-bat has finished, if the batter struck out or was put out prior to reaching 1st base, the batter will pick up their own bat and carry it back to the dugout, where they either hand it to the Sanitizing Champion or return it to their personal equipment bag. If the batter reaches base, their



bat will be picked up by the barrel by the on-deck batter and handed to the Sanitizing Champion for sanitizing and return to the original batters' equipment space,

- All players must sanitize their hands when returning to their dugout at the end of each half-inning,
- There may be post-practice or post-game meetings as long as all participants wear masks (exemption apply) and that current PHO recommendations for physical distancing are observed.
- Next team to play on that diamond will not step onto the diamond or surrounding area until all members of the previous games team have left the area,
- Coach must have current EAP (Emergency Action Plan) outlining, in the event of a major or minor injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.

1.E.3 INNING THREE – Competitive Games with Cohort Groups

TIMELINE: To be determined

All participants are to follow the Facility and Diamond protocols below, as well as those included in Phase Three (except to the extent that they conflict, in which case these Inning Four protocols apply), plus:

- Indoor and/or outdoor facility protocols in this document are to be followed as appropriate,
- Volunteer screeners, attendance trackers, sanitizing and distancing champions are required for every softball activity,
- Home team to set up the diamond and communicate entry/exit points to visitors, as well as any other protocols being observed at that park,
- Visiting team will be directed to spectator and participant areas which have been adequately marked off and identified for spectator seating, or participant equipment storage,
- Players and coaches are permitted to be in close proximity while on the field of play. The dugout is considered inside the field of play, so team members may use the dugout during games/practices, but are expected to follow physical distancing when off the field of play,
- Where possible, a minimum of two umpires should be used for games to assist in physical distancing,
- Establishing cohorts will limit the number of people that each individual will come in contact with, reducing the risk of transmission and ensuring quicker contact tracing by health authorities if an outbreak occurs,
- Cohorts should be made up of teams of similar age and competitive skill level,
- When members of the cohort gather together for games or activities, gatherings may not exceed 50 people per facility (ball diamond), less in an indoor facility, depending on the size,
- Cohorts should remain together for an extended period of time, however, if looking to change or join a cohort (for either team or an individual) a 14-day break from all softball activities is required,



- Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained. Face coverings for virus contagion are mandatory for the plate umpire, provided that should they be unable to wear a face covering due to an underlying health issue or breathing/overheating concerns, the home plate umpire has the option of calling the game from behind the pitcher's circle as an alternative to wearing a face covering,
- League play and competitive activities may only occur within the cohort.

Cohort Groups

Cohort groups may be formed based on the following procedures:

1. Minor Teams:

- a. Cohorts may be formed, based on the guidelines provided through viaSport, and updated as necessary, within appropriate age and classification.
- b. RMMSA will designate an individual(s) to provide to their Minor Coordinator the following information for each team intending to take part in a cohort for softball activities:
 - i. Team Name
 - ii. Team contact information, including email and phone number.
 - iii. Category (U10/U12, etc.)
 - iv. Classification (A, B, C)
 - v. Team Birth Year, if applicable (2002, 2003 etc.)
- c. The Minor Coordinator will, in consultation with RMMSA, determine options for cohorts with other communities. The Coordinator, or their designate, will meet with all District Coordinators to set the cohorts involving teams from their District. This provincial meeting will be facilitated and chaired by the Minor Director.
- d. Cohorts will be formed with a priority to creating a competitive balance by age and ability and within geographical areas which comply with Softball BC and viaSport guidelines.
- e. A and B classification teams will also try, as much as possible, to recognize team balance by birth year and the need for meaningful competition by teams throughout the province.
- f. Once the Minor Coordinator group has determined the make-up of a cohort and approved that group, this information will be shared with the PSO office and RMMSA.
- g. In the case of an appeal by RMMSA of the placement or absence/deletion of one of their teams in a cohort, the request for consideration will be sent from RMMSA's President to the Minor Director who will have the final decision.

Other procedures regarding Cohorts:

- Athletes may be picked up within their respective cohorts only. No participation by anyone from outside a cohort, or by someone who is not duly registered with RMMSA
- Participants are directed to participate in as few cohorts as possible. Those who have more than one role within Softball BC (player/coach, player/umpire etc.) may take part in up to three cohorts maximum, but only when they have a unique role in each cohort.
- Participants and teams who wish to change cohorts or wish to join a cohort as a new member, must quarantine from all softball activities, if an individual, from all organized softball activity and if a team, from softball activity outside of their registered team for a period of at least fourteen (14) days. If during that quarantine period, an individual develops symptoms consistent with COVID-19, or comes in contact with someone who has tested positive, they are required to self-isolate and contact their health authority for direction.



- When a team leaves their current cohort and are going through quarantine protocol, the registered members of that team may continue to practice together during the quarantine period. In the event two or more teams are leaving the same cohort and area all moving to the same new cohort, those teams quarantining may continue to engage in competitive games among themselves. If during that quarantine period, an individual develops symptoms consistent with COVID-19, or comes in contact with someone who has tested positive, they are required to self-isolate and contact their health authority for direction.

1.E.4 INNING FOUR – Competitive Games inter-regional, Cross Provincial & Tournaments

TIMELINE: To be determined

All participants are to follow the Facility and Diamond Protocols below as well as those included in the previous Innings (except to the extent that they conflict, in which case these Inning Four protocols apply), plus:

- Games times are to be staggered to ensure there is an unencumbered pathway to enter and exit the facility,
- Medals/prizes are not to be handed out individually, but a closed box handed to a team representative,
- For regular and exhibition games the home team will set up the diamond and communicate entry/exit points to visitors, as well as any other protocols being observed at that park. If it is a tournament, then the hosting club will have diamonds set up under the park/venue and diamond preparation, and it will be the responsibility of the host to communicate with visiting teams about the protocols to be followed at each specific park or Facility,
- Visiting team, or in the case of a tournament, all away teams attending the tournament will be directed to spectator and participant areas which have been adequately marked off and identified for spectator seating, or participant equipment storage,
- Where possible, a minimum of two umpires should be used for games to assist in physical distancing. Please Note that these Guidelines are current and in accordance with the Provincial Health Guidelines and Orders in place at date of their issuance but may be updated should circumstances change or should relevant Guidelines and Orders be revised. Tryouts and ID Camps RMMSA and participants are to follow the current Return to Play for Facility and Diamond Protocols for all softball activities, including tryouts and ID Camps. Outdoor Facilities:
- RMMSA will set up the diamond with clear entry and exit points designated to all participants, as well as all local protocols clearly posted,
- Maximum of fifty (50) people at one diamond at any one time,
- No drop-ins allowed – Participants MUST pre-register,
- RMMSA will provide screening and attendance tracking for all participants, including players, coaches, and if applicable, umpires,
- The facility is to be sanitized prior to the tryouts, and again after the tryout has concluded,
- Player identification resources should be either single use (such as disposable name tags), or able to be sanitized after each use (numbered bibs),



- Evaluators and the RMMSA representatives will be provided their own personal evaluation materials. Evaluations should be completed digitally or sent electronically to the appropriate contact,
- Frequent hand sanitizing or washing must occur at a minimum in between each drill or activity and water breaks,
- Tryouts/ID camps will take into account minimizing shared use of equipment and maintain physical distancing wherever possible. Equipment to be sanitized after each activity,
- Water bottles and food items are not to be shared,
- No spitting, sunflower seeds or gum allowed,
- Where possible, each player should have their own personal equipment, including batting helmets, bats, catchers gear, etc.,
- Where personal equipment must be shared, the equipment must be thoroughly sanitized between each use. When players are sharing a bat, it should be picked up by the barrel and sanitized by the Sanitizing Champion before being used by the next player,
- A team of 2-3 designated parents or coaches with PPE are to set up, take down and sanitize all equipment,
- Head Coach/Evaluator must have a current EAP (Emergency Action Plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized,
- The RMMSA must appoint an Injury Attendant and if an injury occurs to a player only the Coach/Evaluator and Injury Attendant (both wearing protective gloves and face masks) may go to the injured player. Everyone else must maintain physical distancing.
- Face masks are strongly recommended for all participants. Coaches/Evaluators must have face masks easily accessible to them and must wear them anytime they cannot maintain physical distancing from other participants,
- Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained. Face masks are mandatory for the plate umpire, provided that should they be unable to wear a face mask due to an underlying health issue or breathing/overheating concerns, the home plate umpire has the option of calling the game from behind the pitcher's circle as an alternative to wearing a face mask,
- Due to breathable air quality concerns about physical exertion while wearing face coverings, it is recommended that face coverings be removed when physical distancing can be maintained (for example when the participant is on offence or playing outfield), and that players be switched out or given breaks after wearing face coverings for prolonged periods,
- Should a player need to leave the field of play due to breathing concerns associated with wearing a face covering, another participant will replace them as necessary,
- It is recommended all participants bring two face covering masks, one to be on their person and readily available if unable to maintain physical distancing, the other as a backup in case the first one becomes soiled. Masks must be worn when off the field of play when physical distancing is not maintained,
- No person should pick-up or handle anyone else's helmet or face covering,
- The umpire is not to handle any equipment other than their own during a game including game balls.

Indoor Facilities



- In order to maintain a limit on gatherings consistent with current PHO restrictions, participants should be allocated a time that they have access to a specific indoor facility which also provides enough time for preparation and cleanup of the space,
- Tryouts open to individual participants must be managed through pre-registration. No drop-ins are permitted.
- Individuals are to be instructed to arrive and depart at a specific time. All participants should leave the playing area promptly at the end of their session,
- In order to allow the proper physical distancing, indoor groups may need to be limited to groups of less than 50. The recommendation is that each person in an indoor space has at least 5m squared of unencumbered space,
- Entrances and exits to the Facility and areas shall be clearly indicated,
- Face masks must be worn by ALL participants when inside a Facility, except where current exemptions to face makes apply.

ENFORCEMENT OF PROTOCOLS

- It is expected that members of Softball BC, RMMSA and all participants in softball activities follow the protocols in place for Return to Play. It is for their own safety, also for the safety of all participants. Failure to abide by these rules will have consequences.
- Unless a protocol identifies a specific penalty, enforcement will include:
 1. Initial Warning against the violator
 2. Request to leave the activity when repeated violations of a protocol occur.
- Intentional violations of these protocols by individuals may result in disciplinary action, up to and including suspension of their Softball BC Membership.



1.F RMMSA Covid-19 Illness Policy

Taken from viaSport Guidelines.

In this policy, “Team member” includes an employee, coach, volunteer, participant or parent/spectator.

1. Inform an individual in a position of authority (coach, team manager, program coordinator) immediately if you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, loss of sense of taste, headache, muscle aches fatigue, loss of appetite, nausea, vomiting, and diarrhea. See BC Centre for Disease Control website for a full list of symptoms: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>

2. Assessment

- a) Team members must review the self-assessment signage located throughout the facility each morning before their shift/practice/activity to attest that they are not feeling any of the COVID 19 symptoms.
- b) Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
- c) If Team Members are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self assessment tool.

3. If a Team Member is feeling sick with COVID-19 symptoms

- a. They should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and/or are showing symptoms while within the sport environment, they should be sent home immediately and contact 8-1-1 for further guidance.
- c. No team member may participate in a practice/activity if they are symptomatic.
- d. If a team member tests positive for COVID-19, follow the direction of Health Officials.

7. Quarantine or Self-Isolate if:

- a. You have travelled outside of Canada within the last 14 days.
- b. You have come in contact with someone who has tested positive for COVID-19.
- c. You have been advised to do so by Health Officials.

Thank you in advance for practicing safe protocols from the RMMSA executive team.

[RMMSA – COVID-19 Illness Policy](https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_COVID-19_Illness_Policy.pdf)

https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_COVID-19_Illness_Policy.pdf

1.G RMMSA Softball Park Attendance Tracker

This includes the printed sheet to record everyone in attendance, the screening questions and required information needed to be handed into RMMSA and be stored for the 90 day period. These forms are available on our website as shown below.

RMMSA Softball BC Return to Play: Attendance Tracking Form



This form or the team snap with health check completed is to be used anytime there is a softball activity taking place within your association.

This includes meetings, practices, skill development clinics/camps, games, coaching clinics, umpire clinics, field clean up. Attendance must be submitted to the (enter email) for RMMSA to remain available for 90 days post event.

All activities must have ALL attendees recorded.

This is a requirement of the BC Ministry of Health and a requirement of sanctioning by Softball BC. This form **MUST** be returned to your Association/Club Contact Person and records held for a minimum of 90 days by the association/club.

Please see our website to see/download the full form

[RMMSA Attendance Tracking Form](https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_Attendance_Tracking_Form)

https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_Softball_Event_Attendance_Tracker.pdf

or

Use TeamSnap Attendance Tracker

1.H RMMSA Return to Play Complaint Process

RMMSA maintains a zero-tolerance policy on any breach in the return to play protocol.

[https://www.rmmsa.com/wp-](https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_Return_to_Play_Complaint_Process.pdf)

[content/uploads/sites/2421/2020/10/RMMSA_Return_to_Play_Complaint_Process.pdf](https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_Return_to_Play_Complaint_Process.pdf)

1. All coaches and team staff are expected to know the policies required in each of the return to play innings.
2. If someone witnesses or experiences a breach in any of the SBBC return to play protocols a formal complaint should be lodged via the RMMSA website.
3. Registered complaints will be sent directly to, President of RMMSA.
4. The President will delegate the complaint to the appropriate member of the executive to initiate an investigation. (Typically the Director of the A and B program or The Director of the C program)
5. President will also notify the head coach of the team who has had the complaint lodged against them that they are potentially in breach of the RTP policies.
6. The complainant must fill out the attached form in its entirety. Failure to complete the form may result in an inability to investigate.
7. This form will act as the “file” until the investigation is complete.



8. Should the investigation provide evidence of a breach in RTP policy, President will report the matter to SBBC and the infracting team may not participate in RTP without written SBBC permission.
9. Please note that SBBC reserves the right to put sanctions on a team's ability to register to play in the 2021 season.

[Coach's Code of Conduct Complaint Form](#)

For Incidents that occur during a game, practice, or RMMSA sanctioned event.

https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/Coach_Complaint_Form_Sample.pdf



1.1 Coach's Role

- ❖ Confirm your exact scheduled time and location for all softball activities – communicate with your parent/players.
- ❖ Delegate roles for the following from your own team for all softball activities. If possible, do not assign these tasks to the coaching staff:
 - o Attendance Tracker
 - o Distance Monitor
 - o Injury Attendant
 - o Sanitizing Champion
 - o Screener
- ❖ Home team to provide appropriate PPE if they do not have their own and hand sanitizer for umpires.
- ❖ Remember to bring a mask with you to all activities in case it is needed. Check that the first aid kit is stocked and include disposable gloves. Ensure area to be used has been sanitized and hand cleaning supplies are available for everyone to use before, during and after the activity.
- ❖ Direct team members to your assigned area for practice, games and all softball activities. Ensure that the Distance Monitor is capable of enforcing the maintenance of the current Provincial Health Order recommendations for physical distancing whenever possible during all softball activities. Fill out line-up card for games but do not share copies, have them take a photo of your line-up.
- ❖ Be sure your area has been cleaned, sanitized, all garbage and refuse has been cleaned up before leaving the dugout area. There may be post-practice or postgame meetings as long as all participants wear masks and that current PHO recommendations for physical distancing are observed. Post-game meetings are allowed as long as they do not interfere with other events and are away from all other groups. Nonparticipants are to stay off the field of play and away from the post-practice/game meeting until participants are dismissed.
- ❖ Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained.



1.J Return to Play – Stage Map

viaSport Sport Activity Chart

| BC Government | Phase One | Phase Two | Phase Three | Phase Four |
|--------------------------------|--|---|---|---|
| | Essential Services Only | Stay close to home and avoid any travel between communities that is not essential | If transmission rates remain low or in decline, people can begin travelling throughout BC | Conditional on at least one of the following: <ul style="list-style-type: none"> ❖ Wide vaccination ❖ 'Community' immunity ❖ Broad successful treatments |
| viaSport | Phase One | Phase Two | Phase Three | Phase Four |
| Restrictions in Place | Strictest Controls Maintain physical distance. No non-essential travel | Transition Measures Maintain physical distance. No non-essential travel | Progressively Loosen Refer to PHO and local health authorities | New Normal Refer to PHO and local health authorities |
| Contact Activities | Should not occur | Should not occur | Introduction to pair or small group | No restrictions on activity type |
| Competition | Should not occur | In-club or modified games may be slowly introduced | Interclub or regional game play may be considered | Provincial competitions and larger events may return |
| Softball BC: Minor | Inning One | Inning Two | Inning Three | Inning Four |
| Focus | Practice & Skills Development Only | Community Focused Games | Competition within Cohort Groups | Competitive Games, Tournaments, Provincials, Inter-Provincial |
| <i>Games & Competition</i> | <i>Not Allowed</i> | <i>Games within LSO</i> | <i>Community/Region Games</i> | <i>Local, Provincial, National Competitions Allowed</i> |
| Softball BC: Men & Women | | | | |
| Focus | Practice & Skills Only | Community Focused Games | Competition within Cohort Groups | Competitive Games, Tournaments, Provincials, Inter-Provincial |
| <i>Games & Competition</i> | <i>Not Allowed</i> | <i>Games within LSO. Gradually introduce games with neighbour LSO's</i> | <i>Competitive games are introduced within cohort groups</i> | <i>Local, Provincial, National Competitions allowed</i> |



SPORT ACTIVITY CHART

PHO Orders supersede the guidance in this chart.

This chart outlines the types of activities that can be considered in the various return phases.

| | Strictest Controls Phase 1 | Transition Measures Phase 2 | Progressively Loosen Phase 3 | New Normal (Future date TBC) |
|-------------------------------|--|--|---|---|
| Restrictions in Place | <ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel | <ul style="list-style-type: none"> Maintain Physical Distance (3m) No non-essential travel No group gatherings over 50 people | <ul style="list-style-type: none"> Refer to PHO and local health authorities | <ul style="list-style-type: none"> Refer to PHO and local health authorities |
| Enhanced Protocols | <ul style="list-style-type: none"> Increased hand hygiene | <ul style="list-style-type: none"> Increased hand hygiene Symptom Screening in place | <ul style="list-style-type: none"> Increased personal hygiene, cleaning protocols and symptom screening | <ul style="list-style-type: none"> Increased hand hygiene |
| Facility | <ul style="list-style-type: none"> Outdoor or within home Facilities and playgrounds closed | <ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening | <ul style="list-style-type: none"> Participants should maintain physical distance while not on field of play | <ul style="list-style-type: none"> Outdoor/Indoor |
| Participants | <ul style="list-style-type: none"> Individual activities | <ul style="list-style-type: none"> Small Groups No spectators | <ul style="list-style-type: none"> Groups sizes increase based on sport type (i.e. level of contact). Participants and spectators must adhere to 50 people max per event public health guidance | <ul style="list-style-type: none"> Large groups allowed No restrictions on spectators |
| Non-contact Activities | <ul style="list-style-type: none"> Low risk outdoor activities can occur (biking, running, etc.). Virtual activities | <ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills | <ul style="list-style-type: none"> Where feasible, limit contact (i.e. coming within two metres) in training and sport activities | <ul style="list-style-type: none"> No restrictions on activity type |
| Contact Activities | <ul style="list-style-type: none"> Should not occur | <ul style="list-style-type: none"> Should not occur Contact sports should look for non-contact alternatives to training | <ul style="list-style-type: none"> Cohort model introduced for sports that cannot maintain 2m physical distancing. | <ul style="list-style-type: none"> No restrictions on activity type |
| Competition* | <ul style="list-style-type: none"> Should not occur | <ul style="list-style-type: none"> In club play or modified games may slowly be introduced | <ul style="list-style-type: none"> Competition slowly introduced. Regional competition for sports in cohorts. | <ul style="list-style-type: none"> Provincial competitions and larger scale events may return |
| Equipment | <ul style="list-style-type: none"> No shared equipment | <ul style="list-style-type: none"> Minimal shared equipment Disinfect any shared equipment before, during and after use | <ul style="list-style-type: none"> Enhanced cleaning protocols in place | <ul style="list-style-type: none"> Shared equipment |
| Travel | <ul style="list-style-type: none"> None | <ul style="list-style-type: none"> None | <ul style="list-style-type: none"> Limited | <ul style="list-style-type: none"> Unlimited |

*Introduction of competitive activities should be in alignment with sport-specific guidelines.



1.K Umpires

We have adopted the umpire role as defined in the SBBC – Return to Play Guidelines and as listed below.

UMPIRE ROLE

- ❖ Confirm your exact start and end time for you game(s).
- ❖ Make sure your personal equipment is clean and sanitized.
- ❖ Arrive at the ballpark fully dressed if possible. You may use available facilities to put on protective gear.
- ❖ Remember to bring two face coverings/masks with you.
- ❖ Have your own clearly marked water bottle and/or snack.
- ❖ Check in with the Attendance Tracker and Screener upon arrival at the ballpark/facility/venue.
- ❖ Go immediately to your designated area.
- ❖ Do not handle any equipment, other than your personal gear.
- ❖ No spitting, gum, sunflower seeds, etc.
- ❖ Maintain physical distance protocols when meeting with coach or your partner.
- ❖ Recommend frequent sanitizing, but a minimum of once per inning by washing at least 20 seconds with soap and water or using an approved hand sanitizer.
- ❖ Umpire may choose to wear gloves as well. Avoid touching your face as much as possible.
- ❖ After the game is over, leave the park promptly.
- ❖ Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained. Face coverings for virus contagion are mandatory for the plate umpire, provided that should they be unable to wear a face covering due to an underlying health issue or breathing/overheating concerns, the home plate umpire has the option of calling the game from behind the pitcher's circle as an alternative to wearing a face covering.
- ❖ Umpires will not be considered to be part of a cohort, but by following these guidelines, may interact with different cohorts without having to quarantine.



2 APPENDIX

2.A Covid-19 Member Return Communication

This is a document that the parents/managers/coaches and players can read and pre read. It shares the information if a player chooses to return to allow individuals to see prior to return.

https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/COVID_19_MEMBER_RETURN_TO_PLAY_PRE-READ.pdf

2.B Site Risk Mitigation Plan

Softball - Site Safety Risk Management Tool – ver 3.0

Complete for each Diamond/Field in the complex you are planning to use. Washrooms, changerooms, equipment rooms can be completed for the entire complex (as applicable).

<https://www.rmmsa.com>

2.C Rep Coaches Protocol

This form is for coaches to use as a checklist for games, practices and any RMMSA event.

https://www.rmmsa.com/wp-content/uploads/sites/2421/2020/10/RMMSA_Return_to_Play_Coaches_Role.pdf



2.D References

2.D.1 PROVINCE OF BRITISH COLUMBIA

- B.C.'s Restart Plan: <https://www.scribd.com/document/460236402/B-C-s-Restart-Plan->

2.D.2 REGIONAL HEALTH AUTHORITIES

- Fraser Health: <https://www.fraserhealth.ca/>
- Interior Health: <https://www.interiorhealth.ca/Pages/default.aspx>
- Island Health: <https://www.islandhealth.ca/>
- Northern Health: <https://www.northernhealth.ca/>
- Vancouver Coastal Health: <http://www.vch.ca/>

2.D.3 viaSport

<https://www.viasport.ca/>

2.D.4 SBBC – Return to Sport Guidelines

<https://www.rmmsa.com/wp-content/uploads/sites/2421/2021/02/Softball-BC-Back-to-Bases-RTP-Guidelines-Second-Edition.pdf>



2.D.5 HEALTH RESOURCES

- COVID-19 (B.C.) Provincial Support: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-responsererecovery/covid-19-provincial-support>
- BC COVID-19 Self-Assessment Tool: <https://bc.thrive.health/covid19/en>
- Health Canada Handwashing Guidelines: <https://www.canada.ca/content/dam/phacaspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-yourhands/eng-handwashing.pdf>
- Health Canada Personal Protective Equipment against COVID-19: <https://www.canada.ca/en/health-canada/services/drugs-health-products/medicaldevices/covid19-personal-protective-equipment.html>
- Health Canada List of Disinfectants for use against COVID-19: <https://www.canada.ca/en/health-canada/services/drugs-healthproducts/disinfectants/covid-19/list.html>
- BCCDC Cleaning and Disinfecting: http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf
- COVID-19 Protection: <http://www.bccdc.ca/Health-Info-Site/Documents/COVID19-Prevention.pdf>
- Physical Distancing: http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_PhysicalDistancingPoster.pdf
- Handwashing: http://www.bccdc.ca/Health-Professionals-Site/Documents/COVID19_Handwashing%20Poster_MD%20offices.pdf
- Do not enter if you are sick: http://www.bccdc.ca/Health-Info-Site/Documents/COVID19_DoNotEnterPoster.pdf
- Vulnerable Populations: <https://www.canada.ca/content/dam/phacaspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-vulnerable-populations/covid-19-vulnerable-populations-eng.pdf>
- Occupancy Limit: <https://www.worksafebc.com/en/resources/healthsafety/posters/help-prevent-spread-covid-19-occupancy-limit?lang=en>

2.D.6 WORKSAFE BC RESOURCES



- Returning To Safe Operations: <https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation>
- COVID-19 Safety Plan Template: <https://www.worksafebc.com/en/resources/healthsafety/checklist/covid-19-safety-plan?lang=en>

2.D.7 SPORT AND RECREATION RESOURCES

- Return to High Performance Sport Framework:
<https://www.viasport.ca/sites/default/files/Canada%20-%20COVID-19%20Return%20to%20HP%20Sport%20Framework%20-%20May%202020.pdf>
- BCCDC guidance for recreation facilities: <http://www.bccdc.ca/health-info/diseasesconditions/covid-19/community-settings/recreation-facilities>
- BCRPA Sector Guidelines for Restarting Operations:
<https://www.bcrpa.bc.ca/covidguideli>



3 ACKNOWLEDGEMENTS

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Return to Play Committee

- Sally Smith
- Sally Clayton
- Kim Brooks
- Joni Eros
- Kayla Schuitema
- Gary Waterman
- Katie Ross
- Mark Sherling

A new committee was formed in December 2020, to develop protocol for the RMMSA Warehouse facility and to make updates to the RMMSA Return to Play Documentation, to bring them in-line with current orders from the Ministry and Softball BC.

Return to Warehouse Committee

- Sally Smith
- Sally Clayton
- Kim Brooks
- Gary Waterman
- Cathy Ferguson
- Mita Rychkun
- Emma Cook
- Tanya Dawes
- Mark Sherling