

## AFTER YOU HAVE HAD YOUR COACHES MEETING

### U11-U20

Since there is so much info at the coaches meeting, our hope is that this sheet will help guide you with what needs to be done now.

Right after your meeting, or as soon as you can, email your team and introduce yourself as the coach. Set up a team meeting to meet everyone. Don't wait to send out the initial email as parents start emailing frantically if they haven't heard from their coach.

**\*Time sensitive** - In your first email, ask which players want to pitch, and catch. Get them set up for the **pitching and catching clinics** that are starting asap. Each pitcher needs to have a catcher (with at least a helmet and chest protector). This could be a parent, or a player. For U11, the clinicians might prefer a parent. We have already sent out an email about the pitching and catching clinics to all the players telling them to register for the clinics. So, give a reminder in your email about them. Try to get your catchers set up to go catch for the pitchers.

Tell parents to bring the following to the first team meeting

- Post-dated cheque for uniform deposit. Made out to RMMSA, \$50 (NOTE THE AMOUNT HAS CHANGED TO \$50), dated Aug 1, 2026 (players name on memo line)
- Post-dated cheque for volunteer deposit, made out to RMMSA, \$100, dated Aug 1, 2026 (players name on memo line)
- Have them fill out the volunteer commitment sheet and return it to you with the cheque
- 3 page medical info sheet, filled out – you need to keep these with you at every game/practice
- \$ for hats

Feel free to start practices as soon as you can to get ready for the season.

For opening day, tell them that picture/game times don't come out until closer to the day, so just plan to be there on Sunday April 12.

For season games, they should know the game night, and schedules with locations won't come out until the beginning of April.

Raquel, our uniform manager will send out dates for uniform pick up. It is important to get your deposit cheques in from everyone quickly so you can get your set of uniforms

Raquel also collects the volunteer forms and cheques at the same time.