

AFTER YOU HAVE HAD YOUR COACHES MEETING

U7-U9

Since there is so much info at the coaches meeting, our hope is that this sheet will help guide you with what needs to be done now.

Right after your meeting, or as soon as you can, email your team and introduce yourself as the coach. Set up a team meeting to meet all the kids and parents. This can be done at someone's house, a park or you can book the warehouse.

Tell parents to bring the following to the team meeting

- 3 page medical info sheet, filled out – you keep these with you at every game/practice
- fair play codes
- \$ for hats

*For the player shirts, I suggest you ask the parents what size their child needs before you ask what # they want to avoid only having smalls left for bigger players or only large left for tiny players.

You don't have to, but you are welcome to set up a few times to meet before the season starts.

Make sure you tell them the schedule so they can plan. For opening day, we usually have team pictures and stations for the younger teams. We won't know the times for that day until closer to the day, so just plan to be there on Sunday April 12. For season games, U7/U9 play at fields within Maple Ridge/Pitt Meadows, we won't know the exact fields until right before the season starts, but remind parents that they do know which nights they play, so they can plan the nights. More info to come.

If you are new to coaching, or even if you are returning, and you would like someone to come and join you for your meeting, or a practice please contact your division manager. We will have someone come with their older player to help get you started with a couple items. The older player will show the kids some warm up drills, and the parent will talk to the parents on your team about how important it is that ALL parents help out. Parents need to help where needed. On the bench, warm up, teaching the kids how to play, getting the catcher's gear on the kids, etc.

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